

## Nourishment for the Neshama

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#### Yerushalayim Bus 74 Bomb - A Cry of Pain

An open letter crying out in pain because of those who are determined to destroy the tranquility of the world.

The world is full of adversity and challenges. People are given the ability to choose their responses and hopefully people will choose a response that brings good into the world.

What happens if one person's definition of bringing good into the world is to destroy the tranquility of the lives of those who they see as evil?

These terms, good and evil, are very subjective by design. It must be clear to us, living in today's world, that what one people think is good another people see as evil. If nothing else, this contrast is on every page of the paper. Good and evil are experienced by physical beings and their basis comes down to pleasure and pain. Perhaps this is why we see so many contrasts.

Without an understanding that our physical well-being is merely a representation of something in a higher world, we are left here with no absolutes, we have no way to prove to someone else that our sense of good and evil is best because even the word best is, best for who? The entire system is contained within time and space and human desires.

With an understanding that our physical existence is merely a representation of the Creator of the World's will, we are not left to interpreting our own pleasure and pain as good and evil because the Creator gave us clear instruction as to what is moral and what is not. Our mission is to live up to the morality that the Creator has instructed. Who better than the One who Created us to tell us what is good in His eyes and what is not?

However, questions arise, with all the religions out there that don't agree, can we, in our physical existence really know the absolute truth? We are thrown back into the world of time and space and desires and human pleasure and pain. What do we do?

The answer is that we will universally be quite aware of absolute truth when we die and face our Maker. There are not a variety of heavens, based on how well a person followed whatever religion or value system they elect. He gave us clear instruction and any deviation, even a hairsbreadth deviation, is a corruption of His Will.

There is an absolute – we are made in the Divine Image and He desires that we be just like Him – lovingkind, merciful, patient, forbearing, overlooking. Our goal is complete humility, seeing that our very thoughts and breath are given to us from the Creator every moment. There is only Gd in this world, no matter how diverse the appearances may be. We may have great intentions but if we violate His commandment or neglect to bring His lovingkindness into the world, there is justice awaiting us. This is very important to wake up to.

The next thing to realize is WHY the Creator made the world. We learn that He made the world in order to give to mankind the greatest pleasure that there is – a reward for using free will to do the will of the Creator which means to become like the Creator. At this moment and the next, our basic operating system is intended to be "am I using my energy that the Creator gave me at this moment to emulate Him and thereby do His Will?"

Many people may move right past that point, with rationalizations that appeal to the emotional lives and circumstances that we live within. After all, we are only human here, not angels, right? Who are we to

attempt to comprehend what the Creator had in mind and somehow we hope He likes what we are doing, but we really can't apply our intelligence and energy towards overcoming our inner emotions and desires and tendencies! This is average thinking but it is a trap. Some may say this is life, and why am I challenging people to pull back the veil and form new growth?

The reason that I challenge this "every day life and I am only human – don't bother me with bringing the Creator into everything –" is that there is an opportunity only while we have free will for a person to shift themselves and attempt to meld their soul with the Will of the Creator. Until a person gets a glimpse of this pleasure, a person has not experienced pleasure as the Creator intended it here on earth.

All those wonderful visions of the trip around the world and all the luxuries and comforts that this physical material reality screams to us as success aside, these pull us into disbelief, a place where we are drawn toward the wrong part of our souls.

Today in Yerushalayim, a woman was killed on the 74 bus and 50 people were injured when a terrorist detonated a bomb at a bus stop. He and those who support him thought it was good. Those injured and all of Israel think it is evil. What does the Creator think? After all, the Creator allowed it so seemingly He too thinks it was good, for the Creator only does what is good, for our ultimate growth and development. But don't be mistaken! Those who perpetrated this murder are guilty in the eyes of the Creator Whose commandment is thou shalt not murder. Their misguided energy caused terrible pain and they will be judged by the Creator.

A young woman is in surgery, others are suffering. What is it for? How is this good in His eyes? In truth, we have imagination but we only know one instruction from the Creator. The instruction is that when faced with adversity, we have the opportunity to try to perfect ourselves by becoming more like the Creator's attributes of lovingkindness, forgiveness, overlooking insult and more. The adversity is opportunity to declare that we know there is a Creator, that we love and fear the Creator, and that we desire to do His Will. Every moment of adversity boils down to our using our free will in this way, with love in our hearts and a desire to meld our soul with the Creator.

When we choose to convert our will the Creator's will, we begin to position ourselves for the pleasure He intends for us. How else will we possibly seek Him out if our natural tendencies for pleasure and pain continue without challenge? We being shepherded with each explosion toward finding a different pleasure operating system. We must know that all He does is for the good. We may feel that we are being transformed against our will. But we are told that the Moshiach will come before the year 6000 and that we have to prepare. The way of life that we are comfortable with is rapidly disappearing from the world – natural disasters, nuclear threats, terrorism/unleashed human energy devoted to destruction for good in the eyes of a group of people (albeit they claim it is good in the eyes of Gd.) These are signals to ourselves to work on our inner realities, to begin if we have not already begun to convert our will to His Will.

Gd is the only Perfection there is. Gd is all there is, in many manifestations. Unless we resemble Him, we cannot be part of Perfection. When we choose to connect with Him by melding our souls to Him through expending effort to emulate His attributes of lovingkindness, forgiveness, overlooking error, patience, casting our sins into the sea and more, we acknowledge His existence and that is humility.

Take heed! Do not move past this with rationalizations of a more user friendly existence – such is a fantasy, a mere dream! We are far more comfortable with fantasy than with reality – that is a testimony to how we are constructed! We love escapes, movies, science fiction, etc.

Time is short before we will see the Moshiach tzidkeinu and there will not be the opportunity to move toward Him unless we being NOW, while we have free will.

May all those injured have a speedy recovery and may the family of the woman killed be comforted along with the mourners of Zion and Yerushalayim. And may every reader of this move closer to understanding that there is only Gd Who loves us and wants a relationship with us, Who wants us to be just like He is – kind, forgiving, and patient. Please take on something to rise above our emotions, to improve the way we treat each other, avoid any disputes, forgive those we are upset with, and work on

loving each other unconditionally.