

Nourishment for the Neshama

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Sunday, January 01, 2012

Seeing the simple unity of Hashem in the madness of recent events amongst us

We are made out of earth. We are inanimate dust and ash. It is only because Hashem is in His Grace giving us a soul to animate ourselves that our bodies are maintained and we are able to experience this world and make choices. Without the soul that Hashem bestows, we would disintegrate into dust and ashes. But let's not think that the soul that He gives us disintegrates. It is a piece of eternity that continues based on our choices here.

It is time for those who love Hashem to shine His Attributes of patience, forgiveness, casting sins into the sea, being mevater and waiting for harm to go away on its own, as we learn from Tomer Devorah.

What could be more of a contrast than secular Judaism, Dati, Charedi in our eyes? These differences are NOTHING. Together we are One. What is causing the distress right now is that Hashem is sending through us emotion-weilding thoughts – we have been in our history overpowered, we have been powerful in foreign societies such as when we were Hellenistic, we have been secularized such as when we were in exile in Persia and more recently oppressed in Russia.

Stop looking at the differences in our worldly appearance. It is a mirage. No matter what our religious differences, we are one in the eyes of Hashem and in the eyes of the world.

Hashem created us and gave us mental capacity and free will but make no mistake, at all times and in all ways, He is the simple unity of the world, including the simple unity that runs our bodies and our hearts. He is trying to get our attention. We are deep in golus and use the light He sends us to deny His existence, chas v'shalom. But that is like a yo yo thinking there is no guiding hand. Spiritually, we are spinning at the bottom of the string, going in circles, forgetting or even denying the attachment.

If we can step back from the scenes for a minute, we will realize that such madness as we are seeing can only be happening because Hashem is trying massively to get our attention – He wants to bring the geula shelama – and He will bring the geula shelama – but He has no need to bring it for Himself. He brings it for us. US. The chareid, the dat leumi, the secular – whomever loves Hashem! It is time to show Him that we love Him – that we see His hand in every one of us no matter our differences – that we are willing to accept His Supremacy, acknowledge His Omnipotence, and recognize His Will and bring it into our lives.

That means rising above ego, rising above being an individual or a member of a particular congregation or community, rising above societal standards...rising up all the way to the simple unity of Hashem. For there is nothing but the simple unity of Hashem in all the world INCLUDING within THE BODY MIND AND SOUL THAT HE GRANTS ME.

Hashem is actively re-creating us and the entire world every day. We are NOT frozen or stuck to anything except to Him Who enlivens us.

Look upward. Look to our Father Who loves us. Tell Him that we see He is speaking to our hearts, asking us if we can show Him that we put our love for Him above our love for everything else.

Who is sending our hearts' passions to us? Remember, we are dust and ashes without what He is

sending us. Make no mistake that the mixture of emotions, challenges, and feelings that flow through us are DESIGNED BY THE DESIGNER specifically for our growth and development – use our thinking ability and free will to find the real thoughts, which are HIS TORAH and HIS THOUGHTS – He is making His thoughts quite clear today - our self-oriented, desire to control our destiny thoughts bring us to conflicts and distress; His thoughts-forgiveness, bearing insult, casting sins into the sea, overlooking error - bring us to peace and love. He gives us free will to choose! And the choice is ours for each of our eternities. Our purpose is to serve Him, to emulate Him here, and bring His light here. We create that here and for all eternity.

Get quiet. Let Go and let Gd. Love Hashem, love each other. Be modest and walk humbly with Hashem. He is our father and wants to redeem us. Look upwards and tell Him we accept His Simple Unity and naase v'nisma we will do with joy.