

## **Nourishment for the Neshama**

<http://lvracha.com>

**Friday, June 20, 2014**

### **Longing to reveal Hashem's Glory - Why and how?**

Our prayers and brachas have the potential to create influence and light in the heavenly realms. But in order for them to ascend to a higher world, it is up to us to have an intention of avodas Hashem, of having Hashem in the center, which means that we long to reveal His Glory and Torah and attributes of mercy into the world.

None of us is free from self-referencing, nor can we be while we are alive, here in time and space, in a body with mortality. And that is the point. By giving us life and free willed choice, Hashem has given us a currency with which to declare our desire to reveal His Glory. It costs us every ounce of self-referencing to the point of feeling like death itself (and in some cases it IS dying al Kiddush Hashem.)

What it means to reveal His Glory is to flow our faculties based on the inner essence that Tomer Devorah instructs us. Hashem all day is tolerating insults, overlooking our faults, bearing the discomfort of His Shechina in this confused world to suffer with us in order to give us life and choice so HE can give us pleasure and reward for realizing that all glory is His Alone, forgiving us, and casting our sins into the sea. That is Hashem's agenda every moment. And that is the essence He places in the seed of rachamim that is giving us life.

Yet Hashem also creates a natural world, that comes through the creation. He is also the Source of everything, but it is concealed. Our lives come to us through our parents and our intellect and ego develop based on environment, genetics, experience, education, friendships, and more. At no moment is the Shechina not entirely aware of every detail. And this natural world, unless we have Torah that tells us otherwise, appears to be the reality.

The real world is far greater than the tangible world in which we have free will.

Hashem desires to be revealed in this world through our free willed choices. In return, He gives us delight in doing so and eternal reward for choosing it. All He asks is that we declare with the currency of physical existence that we desire Him over the natural emotions and drives. He desires to fill our hearts.

It is up to us to sense our self-referencing and pray out loud to Hashem that we desire Him instead of these self-referencing desires, goals, feelings, reactions, needs, pains and more.

May every time we remember to reach out of our self-referencing and pray to Hashem that the Shechina trapped there should be united back with Him and in its place our hearts should flow naturally with inspiration to reveal His Glory such that we all day are tolerating insults, overlooking faults, bearing the

burden of confusion of mind inherent in human interaction, forgiving and casting sins into the sea.

And may the light we shine through our subsequent actions be a light that will soon bring Moshiach and a light that will help us merit to have the boys returned safely to their homes.

[See also: Eretz Yisrael](#)