

Nourishment for the Neshama

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Sunday, November 03, 2013

Prayer for uncorrupted primal will

Please help me be more and more solid in emunah, unity and yiras shemayim as I absorb into my heart strength rescued from the kelipas of desire (talva, Esav) and anger/fear (galva, Yishmael).

Please may I be able to discern as the true desires of my heart compassion that is an expression of Your compassion, rooted solely In the Source of vitality (true existence).

Please help me direct firey passion to its ideal purpose of Torah and avodas Hashem and help me wisely nullify desires in favor of Your will, destroying lower levels in a lovingkind way so that I can experience the joy of rising to a higher level of service to You In the role of Nishmas Am Yisrael, a Jewish woman whose light soothes the household and makes Your Name beloved.

Please may lower expressions of earth wind water and fire be thereby elevated to maintain nature In a positive way, and may what I bring into movement in thought speech and deed be a reflection of Your attributes of mercy, tolerating insult, overlooking, carrying the burden, and casting sins into the sea and may I create In this process brachas, positive influence, make Your Name beloved In the eyes of others and merit for klal Yisrael.

Please draw Your abundance and middos harachamim Into the desert of this aspect of human nature so that we may have the consciousness to choose to return to simplicity, emunah, yiras shemayim and be redeemed b'ahava.

May my teshuva be acceptable on high to heal those who inflict suffering, myself included, for as the channel opens, please heal both the cause and effect of lack.