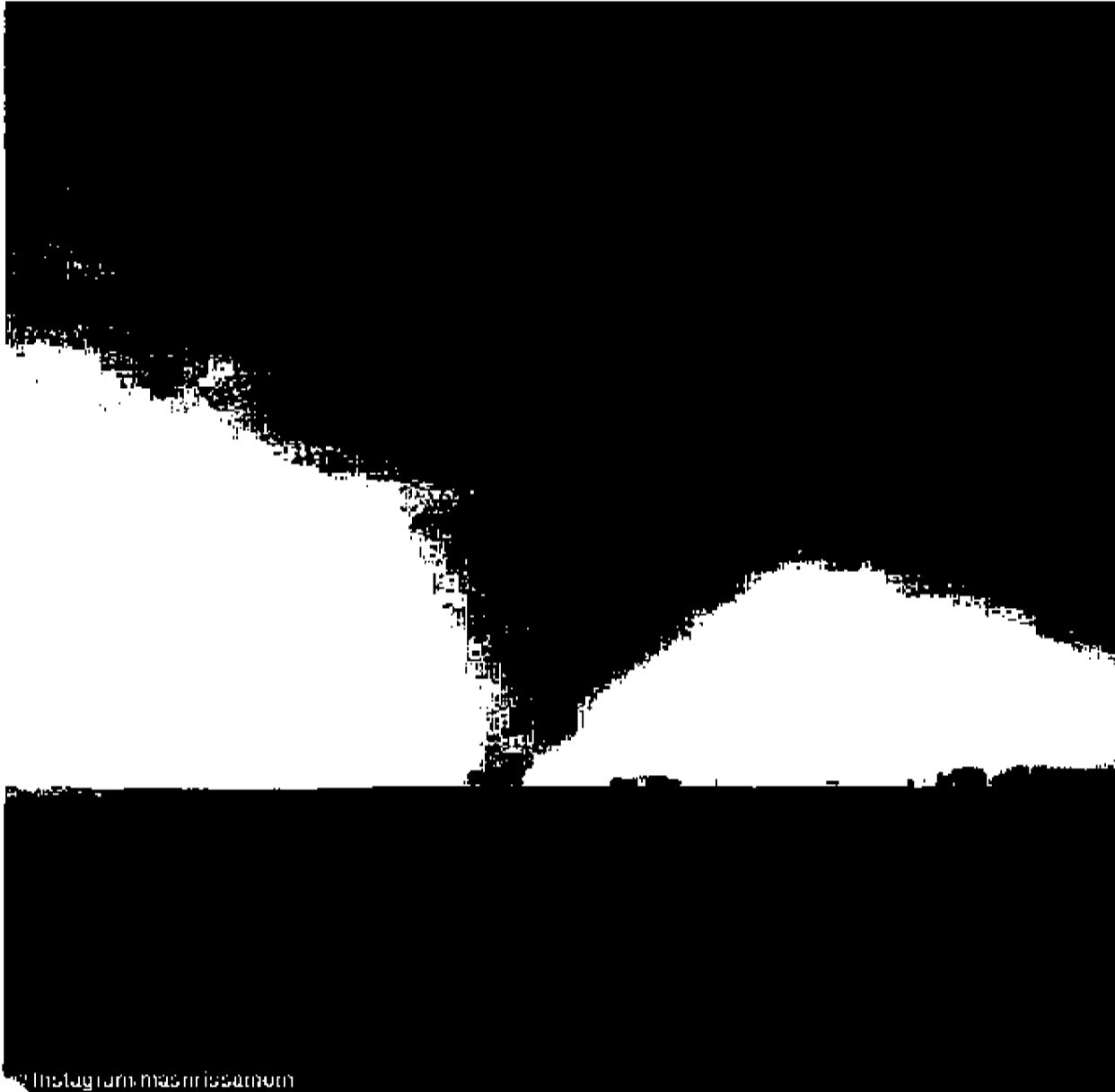


## Nourishment for the Neshama

<http://lvracha.com>

**Monday, November 18, 2013**

**Pictorial essay - ever feel like a tornado? Perhaps we can harness to feel and act like we are in Hashem's Place**





We have an Intelligence, a seichel, that is higher than the Intelligence of the brain and the analytical mind. That Intelligence is the faculty of our soul which is so powerful that when we choose to harness our physical body and analytical mind to it can bring into time and space the purpose for which Hashem made the world and us - so that His Love and attributes could be visible in this world, so that He would have a way to walk in time and space through the vessel of our bodies.

Our consciousness reaches to a world of beauty. We have unlimited free will. We can take our negativity and return it based on this seichel - to comprehend that we are given the choice to harness our physicality for the sake of bringing something far more powerful and good into the world.

The alternative when we fail is for us to spin like tornados, destroying not only other people or ourselves but damaging the heavenly realms.

May we come to appreciate the absolute truth of Torah and see our bodies and analytical minds as separate from our esteem and may our understanding of our esteem help us to bring the sacrifices more easily of what looks desirable to us for what our soul and Hashem yearn for.

**And may we have a new light in the world very soon.**