

Nourishment for the Neshama

<http://lvracha.com>

Friday, August 12, 2011

Negativity – Don't fall for it! It's a Scam!!

Imagine how cleverly the Yetzer Hara funds his activities! He finds legitimately infuriating challenges to place in our paths and waits patiently for us to react negatively. We create an army of negative beings, all of which belong to him, which he then is free to use as Hashem permits. We feel very justified in making a donation from our souls to the cause, after all the so-and-so deserved it and more and Hashem loves justice!!

Yes Hashem loves justice but He does not love our negative charge! While we solve our difficulties, in a Torah-dik way, guarding Torah in our heart means not hating, not bearing a grudge, not harming, for these form destructive spiritual entities that destroy us! We must see that these emotional reactions are totally our responsibility, the same as keeping kosher, keeping Shabbos, and all the mitzvohs.

Hashem gave us the Torah for a reason, to show us how to ethically handle our disputes and differences whilst remaining a Klal. We must allow these to penetrate to our inner beings, deep into our heart, where the battleground lies! And when we respond with the light of Torah to affronts, insults, damage and more, we are on a level to give a bracha!

May we succeed in turning the plethora of horrifying deeds, challenges, insults, humiliations into brachas!

Continue here!

<http://lvracha.com/2011/08/12/economics-of-spirituality.aspx>