

## Nourishment for the Neshama

<http://lvracha.com>

### Thursday, January 26, 2012

#### Emunah, Free Will, Middos and Peace

Emunah is knowing that the One who gives free will (to believe in Him or not) is the only power . There is nothing but the simple unity of Hashem, including the consciousness behind our thoughts, emotions and life force, although with free will we may or may not comprehend that.

The gift of free will is real and we are given behira (the ability to choose) so that we can earn the greatest pleasure there is, a joy resulting from our free willed choice to improve our middos through the Divinely tailored challenges - we are permitted to have control over our eternal destiny.

Putting Gd in the center does not mean becoming a boring puppet suppressing our natural selves while pretending to be someone we are not, nor does it mean having our personalities beaten down into a melting pot of similarity, getting brainwashed to be a clone, everyone coming to look and be like everyone else. Putting Gd in the center means comprehending that breaking our nature and natural bad character traits is the path the Designer paved for us to be able to rise to a level of holiness, the greatest privilege and opportunity that every unique soul can hope for in this world to improve its uniqueness. No one ever has the exact same mission as another;

The process of rectifying middos by seeing our unique selves at all times through Gd's eyes and choosing to love, fear and emulate Him Who is the simple unity of the world helps us accomplish our positive mission in multi-dimensions and creates shelaimos (peace).