

Nourishment for the Neshama

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Tuesday, February 22, 2011

An open letter to my friend upon her entering hospice

Dear Margalit Masha bat Tova Gittle, my friend and chaverusa, may Hashem answer our tefillos for your refuah shelama,

I have no idea what you are going through. All I can do is share with you that there are adversities all around...and it is not a coincidence. Hashem wants us to choose the pleasure of connecting to Him rather than us choosing to fall into the despair of thinking this world, which is run by the Yetzer Hara and which reflects human deficiency, is chas v'chalila all there is or where to find pleasure, perfection or solutions. All of human history is showing us that the best of man-made systems even in today's amazing modern world is imperfect and lacking and cannot effectively provide a safe and pleasurable life without our seeking out and relying on the love and guidance of the Creator, may His name be blessed.

Your beautiful, cultivated emunah and bitachon are uniquely important resources to bring the geula shelama. In proportion is this huge test and opportunity– to strengthen those strong spiritual muscles for protection and pleasure now and for all eternity. Please don't let the Yetzer Hara disconnect you from applying your heart and mind as long as you can towards declaring the unification and sanctification of His Name.

I remember when you first fell ill – your children were so much younger and it was terrifying. B"H everyone is a little older now. You succeeded in being the mother they needed to bring them to this point. They still need you and so do we – Hashem can send the geulah - we need YOU with your trust and emunah to keep up the good fight and lead the way in emunah no matter how bleak the adversity seems! Your efforts are SO

IMPORTANT as long as you are able. Hashem loves you and your family. There is only Hashem.