

Nourishment for the Neshama

<http://lvracha.com>

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What might the world look like if we DON'T overcome hatred?



Please watch the video above...

This young man's courage and bravery, must be properly understood - he reveals how being Gdconscious and centered on truth helps a person remain calm in the face of the amazing emotional energy that accusations of shame, outrage and chastisement have on our psyches. Without a basis in rules of engagement, simply by expressing themselves with outrage, chastisement and accusations of shame, these demonstrators attempt to place themselves as the victims and the ones in the right. Imagine if we stood there hearing "SHAME ON ISRAEL!!" Would it shake our confidence? Would we remain calm?

It is crucial that the psychology of this be understood not only by us but by all people worldwide, for without it, democracy, reason and civilization take a secondary role to the same tactics used by abusers, bullies and worse. Those who desire to tap into the power of the human psyche's reaction to words of outrage and chastisement, those who wish to manipulate because human reactions in this regard are so subconscious and heart-affecting, will never need to have facts or proof or logic if they are allowed to succeed. Take the power away from these tactics - see through it, conquer it within ourselves and we will do well to defeat Ishmael!

Every person who respects what a civilized democracy is, every person who appreciates the freedom that we have, MUST take note and see through the use of emotion to manipulate where reality fails to justify their behavior.

Please read the articles in this blog to understand that what we see in this video is what we will have if we give in to the El Zar in each of us, to the strange Gd within.

Each of us needs to begin working on our relationship with Hashem NOW!! By doing teshuva on certain characteristics within us, we build a refuah!

Women, please visit:

[The Jewish Womens Project for Ahavas Yisrael](#) for material to help us with our relationships with each other and thereby with our relationship with Hashem.

and

[The Clarity Seminar](#) for webcasts by Tzipora Harris based on the teachings of Rav Noah Weinberg, Z"L and Rav Aryeh Nivin to help us overcome inner negativity and develop Gdconsciousness

For the facts about the flotilla incident, please view:



