# **Nourishment for the Neshama**

### http://lvracha.com

# Thursday, April 12, 2012

## Sefiras HaOmer Week two - Gevurah - Self-Discipline and Emunah

May the insights and learning here be for a refuah shelama for HaRav Shlomo Leib ben Miriam

On Friday night we will begin the second week of the omer where we work on the midda of gevurah, including seven iterations of it. Chesed of gevurah, gevurah of gevurah, tiferet of gevurah, netzach of gevurah, hod of gevurah, yesod of gevurah and malchut of gevurah. Yitzchok Aveinu demonstrated this midda. What does it mean for us?

Below are clips from Rabbi Akiva Tatz (entire shiur can be heard on Simple to Remember http://www.simpletoremember.com/media /a/the974generations-of-souls/) and from Rabbi Shlomo Brevda (audio library available at a cost at www.torahmedia.com/flexcart /search.php?evid=jb51s845q6 shiur numbers 750, 751a 751b) Because of the proprietary nature, only clips of Rabbi Brevda are provided to share essential information and the reader is invited to download from Rav Brevda's site the entire shiur (\$4 for 750, \$2 for each of 751a and 751b))

In Rabbi Brevda shiur 750, the first set of clips, Rabbi Brevda draws an analogy between the exodus from Mitzrayim and current times. Specifically he compares the end of slavery and six months later, the exodus, and why the plaque of darkness took 4/5ths of the Jewish people's lives to our day today being a similar period, a test, after the Holocaust and before the redemption. This is an urgent message given the terrible threats against Israel and crimes against our people worldwide.

Rabbi Tatz's shiur is specifically designed for the Omer Week 2 as he explains ein od milvado through self-annulment and the use of gevurah towards developing the crucial midda we need to actively moment by moment fulfill our role of eved Hashem. In the clips from 751a and 751b, Rabbi Brevda introduces and explains in detail regarding why we work hard for Pesach, how it is relevant to our being able to serve Hashem and exactly what that means. He explains that there is a huge difference between being an employee and being an eved of Hashem, which boils down to a level of will and desire that perhaps we have not yet begun to approach,

Rabbi Tatz's clips follow Rabbi Brevda's clips on Pesach and give details on how to do what Rabbi Brevda teaches us is so crucial to uncorrupt our basic will by wanting to serve Hashem at every moment. Rabbi Tatz explains our use of self-control as a rectification for Adom and the 974 generations of souls.

#### Enjoy

http://www.moment-of-prayer.com/lvracha/brevdalostclip1.mp3 http://www.moment-of-prayer.com/lvracha/brevdalostclip2.mp3 http://www.moment-of-prayer.com/lvracha/brevdalostclip3.mp3

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