

## Nourishment for the Neshama

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**Friday, November 22, 2013**

### **A Prayer on the 19th of Kislev - May the wisdom of submission, separation and sweetening be internalized by every Jew**

**Submission:** Please give us the wisdom to understand Intellect can serve Hashem and submit to His Omniscience and Benevolence. The world of action is represented by the element of fire. Our natural Intellect is a servant, a subservient part of us that we can shift from one value to another based on learning. As the futility of craftiness and cleverness and power fade into the pollution of disunity, threats to our survival in weather as well as man-made threats, may we see another Source of power to attach to.

**Separation:** Please may we see the areas in which we are defending our truest and dearest values and beliefs with fire that destroys. Please help us understand that when we think we are being effective and powerful we are being destructive in the inner worlds of others and in the heavens. Please help us see that our intellect that is natural to us is intimately bound to self-interest and therefore blind to deceptions of the lower self that we share in bodies. Please help us see that all of history is bringing us to efface the false sense of worth that using our intellect for self-interest represents, opening our eyes more and more to the real truth that self-interest is bound up with inevitable subconscious deceptions of the yetzer hara. Please help us break out of the ego-oriented muscle that gives credibility to natural tendencies to be self-interested. Key is our deep belief through learning Torah that indeed Hashem grants us real free will to cleave to a learning that is outside of the natural world, that clings to Hashem.

**Sweetening:** As the fire within us rises with passion to serve Hashem, may Hashem free us from the grip of the self-interest because of our free-willed choice to use our natural intellect to serve Him over the desiring emotions. May Hashem grant us success in both developing and folding emunah in Hashem so deeply into the true values that we hold that our intellect serves the higher soul harnessing our physicality to bring His light into this world.

As we bring malchus to the world, may we be zocheh to the inherent pleasure, may we give nachas to Hashem, and may our free willed choices create a new light that brings the light of redemption and an end to galus.